

MORNING SESSION

- 8:30 – Registration – Welcome
- 9:00 – 9:30 **Developing Individual Skills Part 1**
Brian Brecht – SIENA COLLEGE
Catching-Passing-Ground Balls-1on 1 Defense
- 9:30 – 10:00 **Developing Individual Skills Part 2**
Jack Sandler – SKIDMORE COLLEGE
Stick Protection-Dodging-Shooting
- 10:00 – 10:30 **Practice Planning**
Paul Wehrum – UNION COLLEGE
- 10:30 – 11:00 **Lacrosse Equipment**
Jim Townsend – RPI
- 11:00 – 11:30 **Rules of the Game**
John Svec – Chris Kivlen
UNIVERSITY AT ALBANY
- 11:30 – 12:00 BREAK – Snacks provided by ADK Chapter

AFTERNOON SESSION

- 12:00 – 12:10 **Facing Off**
Tucker Kear – UNION COLLEGE
- 12:10 – 12:30 **Developing Goalies**
Donald Shea – Brett Queener – UNIVERSITY AT ALBANY
Greg Havalchak – RPI
- 12:30 – 1:00 **Fundamentals of Shooting**
Paul Gait – GAIT – deBeer Lacrosse
- 1:00 – 1:30 **Stickwork**
Scott Marr – UNIVERSITY AT ALBANY
- 1:30 – 2:00 **Dodging Offense/Defense**
Jack Sandler – SKIDMORE COLLEGE
Chris Kivlen – UNIVERSITY AT ALBANY
- 2:00 – 2:30 **Transition Offense/Defense**
Eric Wolf – John Svec
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